

## **Profile of the Love Like Lexi Project**

The Love Like Lexi Project exists to provide students with hope, self-worth, and purpose as we raise awareness of suicide. The Love Like Lexi Project's mission is to empower students to be part of the solution, while helping give students the tools needed to navigate through life's challenges.

How is this done? By sharing Lexi's story, a story that has inspired many. This powerful presentation is given during a school/group assembly and has positively impacted thousands of students' lives. It is a proactive approach which creates an environment of hope, kindness and connection. The assembly is the first step of the Love Like Lexi Project.

Students will also be given the opportunity to take part in the LLL Workbook that is designed to build resilience, problem solving, personal reflection and self-awareness of one's values and character. This workbook is the second step of the Project and is the very toolbox needed to help create a permanent positive change to each student individually.

At the end of the course, students will participate in the last step of the Project is called the Love Project. This community service project is chosen by the students themselves and can be completed within their school or their community. Each student is now ready to give away to others what they received through the program.

As students exit the Project their outcomes show stronger emotional skills, better ability to cope through everyday challenges, character development and strengthened social connections.

## **Contact**

For more information on how to have a Love Like Lexi Assembly Event at your school or group, please contact us at 334-520-7345, visit our website at [www.lovelikelexi.com](http://www.lovelikelexi.com) or email us at [LoveLikeLexiProject@gmail.com](mailto:LoveLikeLexiProject@gmail.com)

