BirthWell Partners
Community Doula Project

Are you interested in supporting moms and babies in your community?

Consider attending a Birth Doula Training!

What is a Doula?

A birth doula is **trained to provide personal support for a pregnant person.**

Doulas provide support by meeting with their client during pregnancy, helping them during labor at the hospital, and supporting them in the early weeks after birth. A doula is not a midwife or a doctor. Doulas don't do anything "medical," but they are an important part of the maternity care team.



Doula Training

Learn how to support individuals through pregnancy, labor, birth, and postpartum. If you are interested in becoming a birth doula, or are seeking to enhance your professional skills in a related profession (nurse, midwife, public health, etc.), you will want to take this training!

Trainings take place person in Birmingham, Alabama.

Work Study Program

If you want to become a doula but the cost of training is financially challenging, you can apply for a work-study position. Work-study doulas receive free or reduced cost classroom training, and mentoring, in exchange for providing doula support to 1-3 of our clients, allowing you to gain hands-on experience.

Scan the QR code or visit *www.birthwellpartners.org* to learn more about our training programs, apply for work-study opportunities, and view the training schedule.

BirthWell Partners is a 501c3 Non-Profit organization.