

## EPIC Parenting

EPIC Parenting Class:  
held 3 times a week at  
different days & times

Parenting techniques to encourage and build  
cooperation & create a stable peaceful home.

EPIC focuses on:

- Discipline v. punishment
- Improving communication skills
- Building strong family relationships
- Developing self-esteem in children
- Stages of child development



## The SAFE Care Program

The SAFE Care Program assists mothers & infants with  
assessment, safe care plans, & recovery support. Each  
participant has a Care Coordinator that helps navigate  
DHR, Family Court, substance abuse treatment and  
recovery. The SAFE Care Program focuses on education,  
in-home services, and maternal & child health.



## THE ADOLESCENT WORKFORCE DEVELOPMENT PROGRAM

*PROVIDES EDUCATIONAL AND CAREER  
TRAINING, GED & BASIC LITERACY SERVICES,  
VOCATIONAL/TECHNICAL TRAINING, AND  
SUPPORT SERVICES TO COURT-INVOLVED  
16-19 YEAR OLD YOUTH*



## ARESET Workforce Development Program

Adult education/literacy, GED services,  
vocational/technical training, work  
readiness, resume & soft skills  
development, job search, & intensive case  
management



JEFFERSON COUNTY  
**FAMILY RESOURCE CENTER**

*BUILDING STRONGER COMMUNITIES, ONE FAMILY AT A TIME!*

ALL CLIENTS ARE PROVIDED CASE MANAGEMENT:

The JCFC provides intensive intake, assessment, and case planning by working with families to build goal-directed, individualized action plans designed to identify & address barriers to success. Case management services include a coordinated referral process to other services providers, including follow-up and family advocacy.

**FOR MORE INFORMATION ABOUT OUR  
PROGRAMS OR SERVICES:**

**CALL: (205) 264-8161**

**EMAIL: [info@jeffcofrc.org](mailto:info@jeffcofrc.org)**

**120 2nd Court North, Birmingham, Alabama, 35204**