



Welcome!



Navigating Positive Discipline and Guidance

Brittany Long, Master Education Leader



Discipline vs Punishment



What is Discipline

- *Root word= “to teach”*
- *Instruction and guidance*



What is Punishment

- *Goal to suppress undesirable behaviors*
- *Physical vs nonphysical*



Common Disciplinary Practices



Non-Punitive Strategies

- Instruction and guidance for the misbehavior
- Naming the preferred behaviors
- Positive reinforcement for the good behavior
- Logical consequences

Punitive Strategies

- Time-out
- Verbal or symbolic aggression
- Corporal Punishment
- Restraint
- Social Isolation
- Terrorizing



Common Reasons Children “Misbehave”

- Testing whether caregivers will enforce rules
- Expectations differ between school and home
- Inadequate understanding of the rules, or being held to expectations beyond their developmental levels
- Asserting themselves and their independence
- Feeling ill, bored, hungry or sleepy
- Lack of accurate information or prior experience
- Previously rewarded with attention for their misbehavior
- Copying the actions of others

Positive Guidance Techniques



- *Use the safety rule*
- *Use positive verbal guidance*
- *Response language*
- *State rules in positive terms*
- *Make requests and give directions in respectful ways*
- *Validate children's feelings*
- *Clarify classroom rules and give reasons for the limits*
- *Model the behavior you want the child to follow*
- *Reinforce appropriate behaviors*

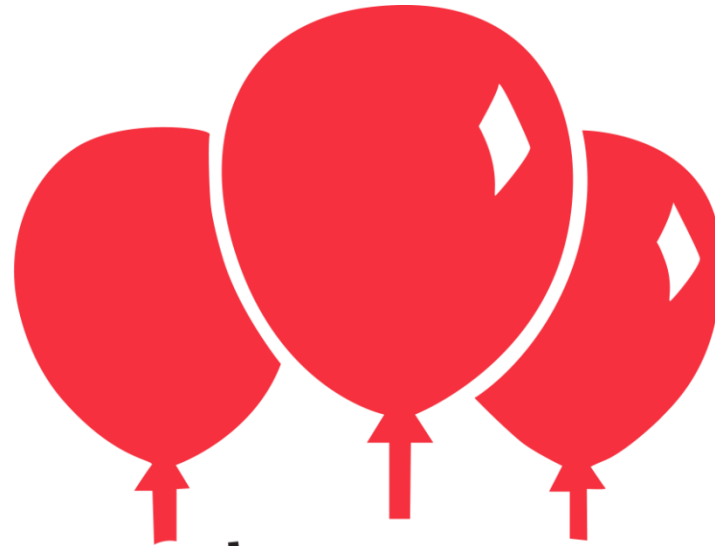


What Makes Positive Guidance More Effective

Strong Teaching Teams

- *Be clear about roles*
- *Make two voices one*
- *Frequent check-ins*
- *DON'T LET THEM SEE YOU SWEAT*





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